

# Sassy Summer Table Runners

**Created By:**

Jane Spolar of [Quilt Poetry](#)

**Skill Level:** Intermediate

Jane's Sassy Summer Table Runners are breezy appliquéd and embroidered with a pillowcased edge and no binding! The center of each block is embroidered with a motif that will fit within a 5" circle.

Jane made two examples of this runner. One is done on the Horizon MC15000 and features an embroidery motif from *The World of Embroidery Designs* collection. The other runner was made on the MC9900 and uses a butterfly, one of the embroidery motifs Jane designed exclusively for Janome. These designs are pre-loaded so they couldn't be handier!

To view Jane's full line of patterns and fabric collections, visit [www.QuiltPoetry.com](http://www.QuiltPoetry.com). Fabric compliments of [Northcott Silk, Inc.](#)



## JANOME SUPPLIES REQUIRED

- Any Janome embroidery machine or sewing machine
- Embroidery Foot P
- Embroidery Hoop appropriate for the design you choose to stitch (on both machines, Jane used an SQ14 Hoop)
- Darning Foot PD-H
- Zig Zag Foot A
- Open Toe Satin Stitch Foot F2
- Circular Sewing Attachment (optional)
- Dual Feed Foot OD or a Walking Foot

## FABRIC AND NOTIONS REQUIRED

Choose three colors that make you feel like summer and pair with a contrasting sparkling white or creamy background. Jane used [Northcott's ColorWorks](#) premium solids for one runner and [Northcott's Toscana](#) mottled fabric for the other.

Print copies of the coloring page to try out some different combo's. For these instructions, just make sure the colors are in the correct placement for Color A, Color B and Color C.

- 1 $\frac{3}{8}$  yards of white or ivory fabric for block backgrounds and backing
- 1/4 yard or fat quarters of three solids/near solids for appliqué (designate these as A, B & C)
- 1 $\frac{1}{2}$  yards of fusible web
- Teflon non-stick pressing sheet
- Batting: 15 $\frac{1}{2}$ " x 45 $\frac{1}{2}$ "
- Complementary threads for embroidery
- Fusible tear-away stabilizer

## INSTRUCTIONS

### Instructions:

1. Use the *Sassy Summer Table Runner* pattern on the PDF. Make sure you do not scale the pattern when you print
2. - **Cut** backing from the background fabric **LOF**, 15 $\frac{1}{2}$ " x 45 $\frac{1}{2}$ "
  - **Cut** three 15 $\frac{1}{2}$ " blocks from the remaining background fabric
  - **Cut** one 6" square of fabric color A
  - **Cut** two 6" squares of fabric color B
3. **Choose** an embroidery design that will fit within a 5" circle. *If you're using the Horizon MC15000 you can even do this on your iPad while sipping your morning coffee!*



Choose thread to coordinate with the fabrics you've chosen. Remember, you're not limited to the colors set in the embroidery design. Jane likes to use the Color Section key (looks like two little flowers) on her embroidery screen and plays with thread color as she goes along.

4. **Embroider** the motifs with Jane's new favorite method of embroidering on quilting cottons.

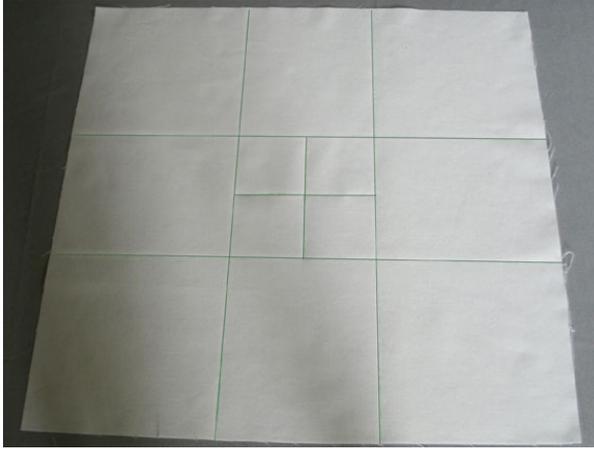
Hoop two layers of fusible tear-away stabilizer with the fusible side up for both layers. Use a little travel iron to adhere one of the 6" squares of fabric to the stabilizer and then embroider. Only the stabilizer is hooped, not the fabric. Embroider all three 6" squares.



5. **Trace** the shapes from the template pages onto fusible web. Trace the quantities specified for each shape and roughly cut around each traced piece.

Fuse all the shapes except the three circle 1's to the back of fabrics A, B and C following the web manufacturer's instructions.

Once cooled, cut out all the fused shapes along the solid lines.



6. **Fuse** together the stripe units, following the instructions printed on the Fusing Guide that was printed with the pattern.

7. **Mark** the background blocks with a guideline  $5\frac{1}{2}$ " in from each edge. Then mark the inner square with crossing lines for the center. These lines will help you center the stripe units and the circles when you fuse them to the block.

**Fuse** the shapes to the background blocks as indicated on the Block Layout page and listed below. The quarter circles and the stripe units will extend to the edges of the block (in the seam allowance). Fuse carefully so the appliqué will line up when the blocks are sewn together.

- *Fuse the stripe units on first, making sure they extend into the seam allowance and are centered in the  $5\frac{1}{2}$ " guide lines.*

- *Fuse the quarter circles next, making sure they extend into the seam allowance.*

- *Fuse the center circle 2's, centering on the block. (It's helpful to very lightly crease the circle.)*

- *Fuse the center circle 1's, centering on the larger circles.*



8. **Stitch** around the edges of the appliqué shapes using decorative thread and a pleasing stitch. (If you have a circle attachment, you may find it very useful to stitch around the six circles.)

*Note:* You can also secure the edges of the appliqué when quilting, which is what Jane did for the butterfly table runner.



9. Sew the blocks together using  $\frac{1}{4}$ " seams, following the Color Placement image then press the seams open.



10. Sew layers together as follows: Place the batting on the bottom, the backing (facing right side up) in the middle and the runner (facing right side *down*) on top. Pin around the edges. Using the Dual Feed Foot OD or a Walking Foot, depending on your machine, stitch around the edges with a  $\frac{1}{4}$ " seam leaving a 10" - 12" opening to turn the runner right side out.



**Clip** across the corners and turn the runner right side out. Once that is done, push the corners out with a point turner and press the edges.

**Pin** to the baste and **free-motion** quilt.