



Whitlock's Weekly Whimsy

Week 22

Block 29

Cutting:

Fabric	Measurements
Color 1	4 @ $2 \frac{3}{8} \times 2 \frac{3}{8}$
Color 7	4 @ 2 x 2 1 @ $4 \frac{1}{4} \times 4 \frac{1}{4}$
Color 11	2 @ $4 \frac{1}{4} \times 4 \frac{1}{4}$

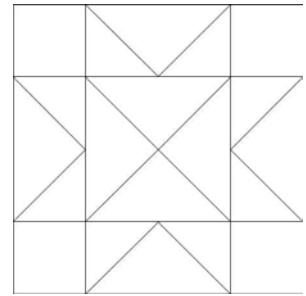
Techniques:

Flying Geese

Quarter Square
Triangles

Block Breakdown:

This block is another variation on the Ohio Star Block. We will be making 4 flying geese and a new technique for the center, Quarter square triangles! QST units are square patchwork units that are made up of four equally-sized 90-degree triangles. They can be made with four pieces or they can be made similarly to the HST. That is what we will do today. Refer to your Quarter Square Triangle Guide for help.



Sewing:

Using Color 1 and Color 11 make your Flying Geese. Cutting instructions are for the Four at a time method. Use your favorite method.



Quarter Square Triangles! Here we go. You begin as if you were making HST's. Using Color 7 and Color 11, layer your fabrics RST and draw a line diagonally. Sew $\frac{1}{4}$ " seam on each side of the line.



This is where we take the HST a bit farther and turn it into a QST! On the back of one of the HST draw a line diagonally, intersecting, perpendicular to, the seam line. This is your new guide line. Layer these two units RST, as shown in the diagram, nesting the seam.



Sew on both sides of the drawn line. Cut on the drawn line. When pressing, spin the center seam. You will have two units, however you only need one! Trim to $3 \frac{1}{2}$ "

Time to build your block. Lay all your units out on a design board and web them together. Press the seams towards color 7.



